

Holy Cross College (Autonomous) Tiruchirappalli-2
RESCAPES Program 2020-2021

Program on **HANDLING THE PANDEMIC SITUATION AND
HERBS IN THE VILLAGE AND ITS USES**

Date: 10th September 2020

Venue: Kuruvampatty

In the present day handling the pandemic situation is very difficult for the people all over the world. People in the rural area faces so much of difficulties comparing to others. So, our college extension department RESCAPES and CHAT organization conducted a program on how to handle the pandemic situation. Mr. Francis from CHAT organization explained the village people to handle the pandemic situation, how to protect ourself, explained what are the remedial measures to the villagers.

Mr.Jayachandaran, Coordinator, SHEPARD, St.Joseph College (Autonomous) Tiruchirappalli, explained the uses of herbs available in the rural area. Oomathankai and its benefits, (Hair growth), Nayuruvi and its benefits (tooth strength), Nerunchi mul and its benefits (Urine problems), Nathira pondu (eye problem), Amman pacharisi (increase breast milk), kuppaimeni (cure padai, sori, sirangu), Thuthi (clear motion problems)



Mr. Jayachandaran, explained the importance of herbs available in the rural area and then distributed kabasura kudineer and mask to the village people

